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Concept of Home Management

Meaning and Definitions of Home Management

Family resource management is mainly concerned with the way in which a family uses all its resources to achieve the individual and family goals. Different Home Scientists have defined Home management in their own ways.

Renown Home Scientist Varghese et al., have defined Home Management as "the mental process of utilising the available resources to achieve what you want in life".

Similarly Gross and Crandall have defined Home Management as "using what you have to get what you want." What you have means available resources like time, energy, money, knowledge, skill etc. and what you want is the set goals. Gross and Crandall have further expanded the definition of management as "it consists of a series of decision making process of using resources to achieve family goals."

According to Kotzin "Home management is a practical Science."

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Home management Process.

Home management is a mental process of planning, controlling and evaluating of the use of resources of the family

(what you have)

Human resources non human resources

Knowledge Money

Attitude Material and goods

Skill Community facilities

Interest Energy (fuel)

Energy

Time

↲

For the purpose of attaining the family goals.

(What you want)

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Home management Process involves 3 consecutive steps namely;

- 1. Planning
- 2. Controlling
- 3. Evaluation

Planning

Planning is mapping out the courses of action to reach the family goals. Planning is essential for reaching the goals. Successful home management always needs an effective and viable planning. It always arises out of felt needs. There are certain steps of planning:

- 1. Recognising the problem
- 2. Seeing different alternatives
- 3. Choosing between alternatives
- 4. Acting to carry out the plan
- 5. Accepting the consequences

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Controlling

Controlling is the second important step of home management process. It has three parts namely;

- Energizing
- Checking
- adjusting

Energizing- means when plan is put into action. Sometimes we have a good plan but is not implemented due to laziness or apathetic attitude. Energizing acts as a catalyst. It motivates the planner to start the work.

Checking –Second phase of controlling is checking the progress of the plan. It is a step by step appraisal of a plan in action. E.g. to send a child to school on time one has to get the school dress, school bag and lunch box ready and this requires checking at all stages.

Adjusting-When a plan is put into action then situation may change and needs fresh decisions to solve the problem. So adjusting helps the planner to short out the problem considering the present scenario without disturbing the final outcomes.