

**MAGADH MAHILA COLLEGE
PATNA UNIVERSITY**

FOR SELF APPRAISAL OF TEACHERS



General Information

Name : PUNAM KUMARI

Address (Residential) : A/107 OFFICERS HOSTEL ,BAILEY ROAD,PATNA

E-Mail Id : punam.kumari896@gmail.com

PAN No. : AMWPK6494J

Aadhar No. : 2074 9756 3947

Mobile No. : 9430512546

Phone No. : -NA-

Date of Birth : 23-01-1965

Designation : Sr.Assistant Professor

Date of Joining : 25-06-2003

Date of Conformation : 25-06-2003

Date of Promotion : 26-06-2007

Area of Specialization : MA(Home Science)

Academic Qualifications

Exam Passed	Board/ University	Subjects	Year	Division/ Grade Merit etc.
High School	BSEB,Patna	Hn,Eng,San,Soc-sc, Bio,Maths	1981	1 st
Higher Secondary or Pre-degree	BIC,Patna	Hn,Eng,PCB	1983	2 nd
Bachelor's Degree	P.U.Patna	H.Sc.(Hons),Sociology, Economics	1988	1 st
Bachelor's Degree (s)	P.U.Patna	B.Ed	1995	1 st
Bachelor's Degree (s)	P.U.Patna	L.L.B	1999	1 st
Master's Degree	P.U.Patna	Home Science	1992	1 st
Ph-D Degree	P.U.Patna	Home Science	2004	Awarded
Certificate Course	IGNOU	CFN	2003	1 st
Researcher Award	PWC/UGC	Minor Project	2014	Awarded

* Teachers already in employment at the time of introduction of the scheme and for new entrants at the time of joining of the institution

(A) Research Experience & Training

Research Stage	Title of work/Theses	University where the work was carried out
Ph.D. (Awarded and Ongoing) Awarded: 2013	Impact of Weaning Practices on the Health Status of the Infant(0-2 years):A Study of Patna Town	P.U.
2015	Impact of ICDS Program on All Round Development of Preschool Children under 6 years:A Case Study of Angan Wadi Centers of East Camparan District,Bihar	P.U.
2017	Effectiveness of Nutrition Education on Dietary Behaviour of Adolescent:A Study of Patna Town	P.U.
2018	The Impact of Juvenile Delinquency on yhe Community:A Case Study of Remand Homes of Patna Town	P.U.
Ongoing: Registered -Nov 2015	“Kishorawastha(12-18 years) me kishore ewam kishorio me poshan nunta ka sharirik yewam samajik wikash par prabhaw ka adhyan-Gajipur jile(UP) ke sandharbh me”	P.U.

Registered-Nov 2015	“65-80 years ki mahilao me sharirik,pariwarik yewam arthik samayojan sambhandhi samasyaopar par ek adhyan-Gajipur jile(UP) ke sandharbh me”	P.U.
---------------------	---	------

(B) Research Projects carried out

Training Program/ Workshop	Organizer	Place / Date
Advanced Computer Literacy Programme	IQAC PWC	Patna/24 April 07-31 May 07
Training Programme of NNS Volunteer	Ministry of Youth Affairs and Sports,Govt. Of India	25 th -26 th Feb 2004
SAT	BIPARD	Patna/17 th -19 th Oct 2011

(C) Research Projects carried out

Title of the Project	Name of the funding Agency	Duration	Remarks
<u>Minor Project I:</u> Awareness of AIDS and Reproductive Health among Slum Women:A Case Study of Patna Town	UGC PSB-047/06-07(ERO)	2007-2009	Completed in 2009
<u>Minor Project II:</u> Health Status of Urban Elderly Women:A Case Study of Patna	UGC PSB-44/11-12(ERO)	2012-2014	Submitted in 2015

(D) Seminars, Conferences, Symposia Workshops etc. attended

Sl. No	Name of the Seminar/Conference/ Symposia Workshop, etc.	Name of the Sponsoring Agency	Place and Date
1.	Household Food Insecurity and Hidden Hunger	UGC	27 th -28 th Feb 2012
2.	Role of Microfinance in Women empowerment through SHGs	UGC	16 th -17 th March 2012
3.	Capacity Building of Women Managers in Higher Education	UGC	11 th -15 th June,2012
4.	Emerging Dynamics of Aging :From Awareness to Action	UGC	11 th -12 th September 2012
5.	Institutional Health Practices:Opportunities and Strategies	NAAC	20 th February,2013
6.	Community College	Dept. Of Education,Govt. Of Bihar	13 th April,2013
7.	Food Security in India:Issues and Challenges	UGC	29 th -30 th Aug,2013

8.	Deprivation and Vulnerability among Elderly in India	UGC	24 th -25 th September 2013
9.	Awareness of National Mission on Education Technology through ICT	MHRD	17 th -18 th January,2014
10.	Gender Issues:Proprieties and Challenges	CGS,Patna	7 th -9 th February,2016
11.	Science and Technology for Indigenous Development in India	ISC	6 th March,2016
12.	Prayash:Ek Nayi Soch,Nayi Umeed	UGC	18 th March,2016
13.	Financial Inclusion and Women Empowerment in India	UGC	24 th -25 th September,2016
14.	Current Scenario of Diet and Nutrition among Children in North Bihar	UGC	23 rd -24 th November,2016
15.	Science and Technology for National Development	ISC	16 th -18 th December,2016
16.	International Environmental Law and Right to Development	Post-Graduate Department of Law,P.U.	13 th -14 th January,2018
17.	Morality and Politics:The Perspective of Jayprakash Narayan	ICPR	26 th -28 th February,2018
18.	Research Methodology and Application of SPSS	-NA-	7 th -8 th March,2018

(E) CPE Project Guided

Sl.No	Year	Topic	Level
1.	2011	A Study on Prevalence anemia amongst adolescent girls of Patna Town.	P.G.
2.	2012	Analysis of Food Habits amongst Adolescent Girls	U.G.
3.	2013	Food and Vegetable Preservation Technology and Urban Women:A Study of Patna Town	P.G.
4.	2014	Health Status of the Urban Elderly:A Case Study of Patna Town	U.G.
5.	2015	Prevalence of Bone Disease among women(35-60 years) with special reference to osteoporosis:A Case Study of Patna Town	P.G.
6.	2016	Assessing Knowledge on Practice of Health Care Services among Antenatal Mothers:A Case Study of Patna Town	
7.	2017	Sexual Biasness in food and nutrition intake among the lower economic children (6-12 years) with reference to the slums of Patna:An Overview	P.G.

Teaching Experience

Courses Taught	Name of the University / College / Institution	Duration
U.G (B.A. /B.Sc., etc. Pass) (B.A. / B.Sc. / etc. Hons.)	Patna Women's College	July 2003-July '2018
P.G. (M.A. /M.Sc., etc.)	Patna Women's College	July 2003- July 2018
Any other: Diploma in Women Study	Patna Women's College	July 2015-July 2018

Total Teaching Experience : 15 years

Under-graduate (Pass) : 15 years

Under- graduate (Hons) : 15 years

Post-graduate : 15 years

Innovations/Contributions in Teaching :

Laboratory experiments : Home Science

Preparation of resource material: Material for Women Study, Syllabus preparation for U.G. and P.G. Home science.

Study material of M.A Home Science for NOU.

Remedial Teaching/ Student Counseling (academic) : Tutorials and personality classes,
Mentoring and counseling of students of
Home Science.

Any Other :Resource person in the “Skill Enhancement Programme for the Transgender Community”,organized by Patna Women’s college P.U. Patna(Jan-Mar 2016).

Extension Work/Community Service:

(i) Certificates of Investigator in the UNFPA assisted Research Project on “Evaluation Study of the Population, Education Programme in Adult Literacy.”

(ii) NSS Programme Officer, Patna Women's College unit, Patna University, Patna since 9th Oct. 2006-2012.

(iii) Participated in the management for Siksha Diwas 2008 as a NSS Programme Officer on 11th -12th Nov. 2008.

Events Organized:

1. Breast Feeding Promotion Week Programme at college and departmental level at Patna Women’s college from 2003 to 2017.

2. National Nutrition Week at college and departmental level at Patna Women’s college from 2003 to 2017.

3. World Literacy Day from 2006 to 2012.

4. Cultural Programs at Patna Women’s college from 2013 to 2017

5. National Nutrition Week at Magadh Mahila college in 2018.

National Literacy Mission:

1. Worked as an investigator on Evaluation of Population Education in Adult Literacy Research Project organized by Bihar State Resource Center Patna.

Participation in Corporate Life:

1. Outreach Programme(Campus to Community) for Musahar Children of Patna Town from 2012 to 2017.

Book Publication:

(A) Book

1. Prasar Siksha, 2012, Panchsheel Prakashan, Jaipur

(B) Chapter Published in Books

1. 'Environmental Pollution Sustainable Development' 2011.

2. 'Corruption in India', 2013-

(i) Corruption: An Overview, Janaki Prakashan, New Delhi, pp.179-182 and

(ii) Hkz"Vkpj% ,d voyksdu] Janaki Prakashan, New Delhi, pp.55-59

(C) Article Published:

(i) "Problems of Old age Women with special reference to Rural area of Gopalganj District in Bihar. "Vol. -18, April-June '05, in Hindustan Review" ISSN 0978-1984.

(ii) "JUNK FOOD" in 'HINDUSTAN' daily on 11 May'06.

(iii) "Women Empowerment 'Vol 25, No-23 July-September 2006 in Hindustan Review" ISSN 0972-1984.

(iv) The Role of NSS in Community service vol. 31 No 1 March-07. Patna University Journal.

(v) Women's Reproduction Health- An Overview, Vol. 32, Annual- 2008, University Journal, Pg.-.133-135,

(vi) Awareness of Reproductive Health in Slum Women of Patna, Bihar, Vol. 1, October- 2010, Journal of Social Science, Patna University, Pg.- 69-77.

(vii) "A Study on prevalence of Anaemia Amongst Adolescent Girls of Patna Town" Explore, Journal of Research for Under graduate and post graduate students, Patna Women's College, P.U. Pg.- 160-166, ISSN2278-0297 (print), 2011.

(viii) A Study on prevalence of obesity among school age children (6-12 years) Anveshika, Annual research Journal, ISSN: 2231-0215, B.N. College, Patna University, Vol. 3, March, 2013, Pg- 53-56.

(ix) Status of Women Workers in Unorganized Sector: A Case Study of Patna Town., Itihas ki Khoj Mein, A Research Journal of History, ISSN: 0975-3672, Vol. X, July-Dec 2015 & Jan-Jun 2016, No. 1 & 2, Pg- 70-79.

(x) Health Status of the Urban Elderly, Research Journal of Humanities and Social Science, ISSN: 2277-2022, Vol. 6, Aug 2016, Pg- 123-126.

Administrative Work / Member of various Committees :

MEMBER:

- PUTA Executive, P.U., Patna.- 2009
- Life member of Indian Science Congress.
- Member of convocation Committee, P.U, Patna.
- Member of IIPA, New Delhi.
- Member of Cultural Committee, Patna Women's College (Jul 2013-Dec 2017).
- Member of Editorial Board of Research Journal of Humanities and Social Science, ISSN:2277-2022.
- Member of Moderation Board of Home Science, P.U. Patna.
- Member of Advisory Committee of NSS, P.U. Patna from 2007.
- Member of Sports Board from 2015.
- Member of the Senate P.U. Patna 2012-14.
- Member of PUTA Executive from 2016-18 (PWC).