

**MAGADH MAHILA COLLEGE
PATNA UNIVERSITY**

FOR SELF APPRAISAL OF TEACHERS

General Information

Name : DR. KUMARI RUPAM

Address (Residential) : 20, ALAMBIKA, CHITRAGUPTA
COLONY, ANISABAD, Patna-2

E-Mail Id : drkrupam191@gmail.com

PAN No. : AGPPR7102K

Aadhar No. :

Mobile No. : 9473464296, 9905815354

Phone No. : 9473464296

Date of Birth : 05 – 08 – 1970

Designation : Sr. ASSISTANT PROFESSOR

Date of Joining : 25 – 06 – 2003

Date of Conformation : 25 – 06 – 2003

Date of Promotion :

Area of Specialization : HOME SCIENCE COMPOSITION

Academic Qualification

Exam Passed	Board/ University	Subjects	Year	Division/ Grade Merit etc
High School	B.S.E.B	Math, Eng, Soci.Sc, Nat.Sc, Hindi	1985	First
Higher Secondary or Pre-degree	Bihar Inter Council	Eng, Hist., Socio., Home Science	1988	Second
Bachelor's Degree	Univ. of Bihar	Hist., Socio., Home Science	1990	First
Bachelor's Degree (S)	Univ. of Bihar	Home Science	1991	First

Master's Degree	L.N.M.U	Home Science	1994	First
Ph-D Degree	Patna University	Child Development	2007	Awarded
Any Other	IGNOU	C.F.N (Certificate in Food & Nutrition)	1995	First

Teaching Experience

Courses Taught	Name of the University / College/ Institution	Duration
U.G (B.A / B.Sc., etc. Pass) (B.A / B.Sc. / etc. Hons.)	Patna Women's College, P.G. Dept of H.Sc., Patna University	01 – 07 – 2003 to 30 – 07 – 2018 & 31 – 07 – 2018 to till date
P.G. (M.A. / M.Sc., etc.)	Patna Women's College, P.G. Dept of H.Sc., Patna University	01 – 07 – 2003 to 30 – 07 – 2018 & 31 – 07 – 2018 to till date
Any Other – Community College	Patna Women's College	

A.) Total Teaching Experience	: 15 Years
Under – graduate (Pass)	: 15 Years
Under – graduate (Hons)	: 15 Years
Post – graduate	: 15 Years

B.) Innovations/ Contributions in Teaching

Laboratory experiments	:Practical for U.G & P.G. H.Sc
Preparation of resource material	: Preparation of resource material P.G. H.Sc Of Nalanda Open Univrsity
Remedial Teaching/ Student Counseling (academic)	: Tutorial Classes
Any Other	:i) Evaluation Papers of P.G & U.G Level Of P.U & Other University Examination ii) Setting of Question Papers of U.G & P.G Level of P.U & Other University

Research Experience

1. Ph.D of Research Guidance

Name of the Research Scholar	Title of the Research	Date of Registration	Submission	Awarded
Kavita Kumari	Uttar Bharat Ki Sakchar aur Nirakchar Mahilaon Mein H.I.V aur AIDS ki prati Jagrukta Sthiti Ka Ek Adhyan (Sitamarhi Zila Ke Sandarv Mein)	2008	2011	2012
Babita Kumari	Vibhin Jaati Ke Pariwaron Mein Baal Palan- Poshan Ke Tarike ka Ek Adhyan (Vaishali Zila Gramin Chhetra Ke 03 – 06 year ke Bacchon Ke Visesh Sandarv Mein)	2008	2013	2014
Chhaya Kumari	Evaluation of Mid-day Meal Program and Its Impact of Nutrition Status of School Children(A Case Study of Patna District)	2010	2013	2015
Meeta Kumari	Viridh Janon Ki Saririk Samajik Vitye Samasyain or Iske Nidan Hetu Sarkari Yojnaon Ka Prabhav: Ek Adhyan Patna Zila Ke Sandarv Mein)	Nov 2012		
Arpana Sinha	Matri evam Sishu Kalyan Karyakaram evam Vartaman Samay Mein Iski Sarthakta: Ek Adhyan (Patna Zila Sandarv Mein)	2015		
Babita	Pasi Jaati Ke Samajik evam Poshniye Sthithi: Ek Adhyan (Patna Zila Sandarv Mein)	2015		
Anjali	Prarambhik Kishora Awastha Par Junk Food ka Prabhaov: Ek Adhyan (Patna Zila Sandarv Mein)	2015		

2. Guide to College with Potential for Excellence (CPE) Project

Post Graduation

Name of the Student	Title of the Research	Session
Sulbha Kumari, Veena Kumari, Sangeeta Kumari	Socio Cultural Factors Producing Depression Among Old Age People: A Study of Patna	2011 - 2013

Under Graduation

Name of the Student	Title of the Research	Session
Puja Kumari, Megha, Megha Ranjan	Impact of Midday Meal Programme on the Physical Health of School – going Children (6 – 12 years) in Patna Town.	2011 - 2014

Paper Publication National/ International Books

Author	Book/ Topic	Place	ISBN/ ISSN No.
Devendra Nath Singh (2012)	Bharitya Hindi Cinema ka Vikaas Yatra Ek Mulyankan Topic – Vigyapan evam Samaaj	Pacific Publication, New Delhi – 110094	ISBN – 978.93 – 81630 – 07.5

Published Article in Journals

Year	Name of Journals	Topic	ISSN/ ISBN No.
2012	Patna University, Journals of Social Sciences. Vol.2, Oct – 2012 (Annual)	Human Rights: Fundamental Values of Constitution	ISSN 2230 - 8415

Paper Presented in National & International Seminars

S.No.	Date	Topic	Sponsored By U.G.C	Organising Agency	Level
1.	24, 25 Feb 2012	Paper presented - Mahilaon ke Manvadhikar	Seminar on “Empowerment of deprived: A neglected feature of human right in India”	Organised by Dept. of Sociology at Arvind Mahila College, Patna (MU)	National
2.	27, 28 Feb 2012	Paper Presented – Bharat Mein Khaad Suraksha	Seminar on “Household Food Insecurity and Hidden Hunger”	P.G Dept. of Home Science, Magadh Mahila College, Patna University, Patna	National
3.	5, 6 March 2012	Paper Presented – Baal Adhikar	Seminar on “Awareness about Human Rights in Rural Areas”	Dept. of Pol. Science, L.N. College, Bhagwanpur (Vaishali) (B.U)	National
4.	16, 17 March 2012	Paper Presented – Microfinance and Self help group	Seminar on “Role of Microfinance in Improving the Socio-economic Status of Women Members of Self help group”	Dept. of Pol. Science, Magadh Mahila College, (P.U) Patna	National
5.	21, 22 March 2012	Paper Presented – Khadyan Ki Uplabdhat Evam Janvitran	Seminar on “Food and National Security in Bihar”	Dept. of Economics, R.D.S. College, Muzaffarpur (B.U)	National
6.	11, 12 Sep 2012	Paper Presented –Buzurgon Ki Seva wa Kalyan Sewayein	Seminar on “Emerging Dynamics of Ageing: From Awareness to Action”	Dept. of H. Sc, Sociology & Psychology, Government Women’s College, Gulzarbagh, Patna	National
7.	21, 22 Sep 2012	Paper Presented –Migation of Labour and MGNREGA	Seminar on “Rural Labour: Problems and Prospects”	P.G Dept. of Economics, R.N. College, Hajipur (Vaishali) (B.U)	National
8.	24, 25 April 2013	Paper Presented – Disadvantage & Advantage of Live-in-Relationship	Seminar on “Live-in-Relationship in the Indian Context:	P.G Dept. of Philosophy, T.P.S. College, Magadh	National

			Social, Ethical & Legal Perspectives”	University, Patna	
9.	24, 25 Sep 2013	Paper Presented –Buzurgon Ki Samasyaevn evem Samadhan	Seminar on “Deprivation & Vulnerability Among Elderly in India”	Dept. of Sociology, Arvind Mahila College, Kazipur, Patna (M.U)	National
10.	24, 25 Sep 2016	Paper Presented – Women Empowerment through Financial Inclusion	Seminar on “Financial Inclusion & Women Empowerment in India”	Dept. of Economics, Patna University, Patna	National
11.	23, 24 Nov 2016	Paper Presented – Role of Calcium in Infant to Old Age	Seminar on “Current Scenario of Diet and Nutrition Among Children in North Bihar”	P.G. Dept. of Home Science, M.D.D.M College, B.R.A Bihar University, Muzaffarpur	National
12.	27, 28 Jan 2018	Paper Presented – Malnutrition: A Cause of Food Insecurity and Hidden Hunger	Seminar on “Problems of Hunger and Wastage of Food in India: Magnitude, Causes and Remedies”	Nutrition Society of India (NSI) Bhagalpur, Dept. of Home Science, Ramesh Jha Mahila College, Saharsa, B.N. Mandal Univ., Madhepura (Bihar)	National

Seminar, Conference, Workshop, Symposia etc attended

S.No.	Date	Topic	Sponsored By	Organising Agency	Level
1.	1,2 March 2012	“Management of Stress among Children & Adolescents”	U.G.C Sponsered, Workshop on “Management of Stress among Children & Adolescents”	Dept. of Psychology (P.W.C), Patna University	State
2.	3 to 8 Oct 2012	“Emotional Intelligence, Stress Management, Motivation, Winning Negotiation and Teaching Ethics”	U.G.C Sponsered, Workshop on “Emotional Intelligence, Stress Management, Motivation, Winning Negotiation and Teaching Ethics”	Sociatrix Consultancy Services Pvt. Ltd., P.W.C (P.U) Patna	
3.	20 Feb 2013	“Institutional Healthy Practices: Opportunities and Strategies”	NAAC Sponsered, Workshop on “Institutional Healthy Practices: Opportunities and Strategies”	Internal Quality Assurance Cell (IQAC), Patna Women’s College, P.U	National
4.	6, 7 May 2013	“Female Literacy in Bihar: Progress, Future Prospects and its Psycho-Social	U.G.C Sponsered, Seminar on “Female Literacy in Bihar:	Dept. of Psychology, Ganga Devi Mahila	State

		Impact”	Progress, Future Prospects and its Psycho-Social Impact”	College, Kankarbagh, Patna (M.U)	
5.		“Gender Issues: Properties and Challenges”	“Gender Issues: Properties and Challenges”	Centre for Gender Studies, Patna in collaboration with Dept. of Philosophy, Magadh Mahila College, Patna & Dept. of History, Patna Women’s College, Patna	International
6.	18 March 2016	“Prayas: Ek Nayi Soch, Nayi Ummid”	U.G.C Sponsered, Workshop on “Prayas: Ek Nayi Soch, Nayi Ummid”	Community College of Patna Women’s College, P.U	State
7.	13, 14 Jan 2018	Paper Presented – Challenges and factors of Climate change in India	Seminar on “International Environmental Law and Right to Development”	P.G. Dept. of Law, Patna University in collaboration with Bihar Institute of Law, Patna	International
8.	7,8 March 2018	“Research Methodology and Application of SPSS”	Workshop on “Research Methodology and Application of SPSS”	IQAC, Patna Women’s College, Patna University in collaboration with the Dept. of MCA, Patna Women’s College, Patna University	National
9.	26 to 28 Feb 2018	“Morality and Politics: The Perspective of Jay Prakash Narayan”	ICPR Sponsered, Seminar on “Morality and Politics: The Perspective of Jay Prakash Narayan”	Jagjeevan Ram Chair, Dept. of PMIR, Patna University & Dept. of Political Science, Patna Women’s College, Patna University, Patna	National

Training Programme/ Refresher Course

S.No.	Date	Topic	Conducted By
1.	19 Feb to 10 March 2016 (3 rd Special Winter School)	“Law, Society and Advancement of Technology”	Dept. Law, Patna University, Patna

Book Publication

- i.) Year 2012 – “Effect of Socio-Economic Disadvantage on the Development of Childrens Values and Interest: An Imperical Study”, Manak Publication, New Delhi – 110092 (ISBN 978-86-7831-274-3)

Members of International / National Research Institutions / Research Journals

- i.) Indian Council of Social Science Research (ICSSR, New Delhi) – Life Member
- ii.) Indian Science Congress Association – Life Member (Membership no. – L18975)
- iii.) Kritika(Sahitya, Kala, Sanskriti, Ayurved, Manviki, evam Samaaj Vigyan ki ardhvarshik antar-rashtriya shodh patrika).
- iv.) Third Concept – An International Journal of Ideas – Membership no. – BI/40047 (Member)

Extension Work/ Community Service

- i.) NCC – CTO (1st Bihar Girls Bn, Patna Women’s College Unit, Patna) year Jan 2008 to 2009 and August 2010 to July 2011.
- ii.) Incharge of Health Centre, Patna Women’s College, Patna

Event Organised

- i.) Health Camp
- ii.) World Breast Feeding Promotion Week.
- iii.) First Aid day.

Member of Various Committees

- i.) General Sensetization Sale of Patna University
- ii.) Cultural Committee of Patna University

Member

- i.) SENATE Member, Patna University, Year- 2012 to 2015.
- ii.) Joint Secretary, Patna University teacher Association, Year- 2009 to 2011 & 2012 to 2014.